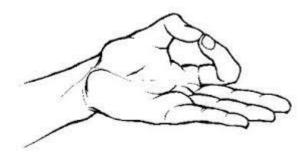
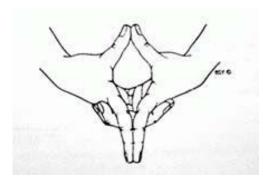
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## 'Inner work' & Outer 'worldly work'



Jnana Mudra (psychic gesture of knowledge)

& Chin Mudra (psychic gesture of consciousness)



Yoni Mudra (attitude of the womb or source)



Bhairava Mudra (firce or terrifying attitude)



Hridaya Mudra (heart gesture)